

Item No.	OSHA QUICK REFERENCE Description as Referenced by OSHA 29 CFR PART 1926	Distance/ Area	OSHA Ref.
Fall Protection			
1	: Fall Protection is required above :	6'	1926.501
2	: Lanyards and Lifelines shall have a minimum breaking strain of :	5000 lbs	1926.502(d)(9)
Safety Rails			
3	: Top Rail supports must withstand a force of :	200 lbs	1926.502(b)(3)
4	:The height of the Top Rail supports must be :	42", +/-3"	1926.502(b)(1)
5	:For wood railings, the Top Rail support must be minimum dimension of :	2" x 4"	App. B to Subpart M
6	: Mid Rail supports must withstand a force of :	150 lbs	1926.502(b)(5)
7	:For wood railings, the Mid Rail support must be minimum dimension of :	1" x 6"	App. B to Subpart M
8	: Toe Boards must be used above 10', be at least 3 1/2" high and support :	50 lbs	1926.451
9	:Wood guardrails require spacing of Uprights Supports no more than :	8'	App. B to Subpart M
10	:Wire rope guardrails must be Flagged at least every :	6'	1926.502(b)(9)
11	:No. of stairs requiring handrails either side (3 stairs or < 30" height not mandated)	4 stairs or 30" rise	1926.1052(c)(1)
Ladders			
12	:Ladders are required for Changes in Elevation at or above :	19"	1926.1050(a)
13	:A double-cleated or 2 Ladders needed when Only means of Access for more than :	25 employees	1926.1051(a)(2)
14	: Ladder Rungs to be spaced uniformly between :	10" to 14"	1926.1053(a)(3)(i)
15	:Minimum length of portable Ladder Extension above landing surface :	36"	1926.1053(b)(1)
16	:Extension ladders must be used at an angle equal to 'd' the working length of the ladder :	d' = 1/4 length	1926.1053(b)(5)(i)
Scaffold			
17	:Height of platform above lower level, when guardrail, is required is :	10'	1926.451(g)
18	:Scaffold must be Capable of Supporting own weight plus 4 times max. intended load	4 x load	1926.451(a)
19	:Scaffold platform and walkway Width shall be at least :	18" wide	1926.451(b)(2)
20	:Ladder jacks, top plate, roof bracket, and pump jack scaffolds shall have a minimum width of :	12"	1926.451(b)(2)(i)
21	:Maximum distance from Face of Scaffold to Face of Work :	14"	1926.451(b)(3)
22	:Maximum distance from Edge of outriggers to Face of Work :	3"	1926.451(b)(3)(i)
23	:Exception - Max. distance from face of work for Plastering and Lathing operations :	18"	1926.451(b)(3)(ii)
24	:Scaffold planks shall extend over center line of its support by minimum of :	6"	1926.451(b)(4)
25	:Scaffold planks 10' or less shall not extend over center line of its support by more than :	12"	1926.451(b)(5)(i)
26	:Scaffold planks longer than 10' shall not extend over center line of its support by more than :	18"	1926.451(b)(5)(ii)
27	:Overlap of scaffold platforms must not be on supports with overlap a minimum of :	12"	1926.451(b)(7)
28	:Scaffold must be Secured if height to base width ratio is more than :	4:1	1926.451(c)
29	:Additional scaffold Ties required at 26' vertically and 30' horizontally	26' Vert, 30' Horiz	1926.451(c)(1)(ii)
Cranes & Hoists			
30	:Remove wire rope chokers when number of broken wires is 10% in any length of 8 diameters	10%	1926.251(c)(4)(iv)
31	:Minimum distance for cranes to operate adjacent to power lines up to 50 kV is :	10'	1926.550(a)(15)(i)
32	: Disposal chutes must be enclosed when dropping more than :	20"	1926.252(a)
Material Storage			
33	: Material storage inside building not closer than 6' from hoist way :	6'	1926.250(b)
34	: Material storage inside building not within 10' of an exterior wall not extending above material	10'	1926.250(b)
35	:Masonry blocks can be stacked no more than:	6' high	1926.250(b)(7)
Gas Welding/Cutting			
36	: Separation distance for gas cylinders in storage from fuel cylinders/combustible materials is :	20'	1926.350(a)(10)
37	:Weld cable to be free from repair minimum 10' from electrode holder	10'	1926.351(b)(2)
Electrical			
38	: Minimum gauge for all electrical cords on construction sites is :	14 ga.	1926.405(a)(2)(ii)(l)
39	:Minimum gauge of cable that can be repaired with splice is :	12 ga	1926.405(g)(2)(iii)
40	:Working space in front of electrical equipment to be minimum of :	3'	1926.403(i)(1)(iv)
41	:Working space width in front of electrical equipment to be minimum of :	30"	1926.403(i)(1)(i)
Fire Extinguishers			
42	:Provide Fire extinguisher every :	3,000 sq ft	1926.150(c)
43	:One fire extinguisher to be placed every 100 ft of travel :	100'	1926.150(c)
44	:One fire extinguisher to be placed adjacent to stairway in multistory buildings.	1 extinguisher	1926.150(c)(1)(iv)
Excavation			
45	:Ladder (or other egress) required in trenches and excavations deeper than :	4'	1926.651(c)(2)
46	:Maximum length of travel from ladder to trench egress :	25'	1926.651(c)(2)
47	:Keep all materials a distance of 2' back from edge of any excavation :	2'	1926.651(j)(2)
48	:Provide protective system except when excavation is entirely in stable rock or less than :	5' deep	1926.652(a)(1)
49	:Sloping or benching greater than 20' shall be designed by a Professional Engineer	20'	1926.652 Table B-1, Note 3
Masonry			
50	:Masonry walls shall be adequately braced when over :	8'	1926.706(b)
51	:Limited access zone to be height of wall plus :	+ 4'	1926.706(a)(2)
Steelwork			
52	:Structural members to remain on hoisting until a minimum of 2 bolts per connection installed :	2 per	1926.756(a)
53	:Controlled decking zone must be 6' from leading edge, maximum 90' depth and width.	6'	1926.756 App.D(1)(i)
54	:Unsecured decking in a CDZ must not exceed :	3000 sq ft	1926.7(c)(5)
55	:Connectors must use fall protection above 2 story height or :	30'	1926.760(b)(1)
56	:Other than connectors, Ironworkers must use fall protection at :	15'	1926.760(a)
Toilets			
57	:Number of toilets for employees 20 or less	1 toilet	1926.51(c)
58	:Number of toilets for employees 20 or more to be 1 toilet seat and 1 urinal per 40 workers	see across	1926.51(c)
59	:Number of toilets for employees 200 or more to be 1 toilet seat and 1 urinal per 50 workers	see across	1926.51(c)